

welcome back

High School Menus August & September

USDA is an equal opportunity provider.



We're SO GLAD to see
you again! It's going to be a
GREAT YEAR!

AVAILABLE DAILY

100% Fruit Juice & Milk
offered daily at breakfast
and Lunch!

Monday, Aug. 25

Breakfast
Cinnamon Roll
Applesauce

Lunch
Cheese French
Bread
Turkey or Ham &
Cheese Wrap
Marinara Sauce
Romaine Salad
Fresh Apple

Tuesday, Aug. 26

Breakfast
Mini Pancakes
Fresh Apple

Lunch
Scoopin' Taco
Chicken
Quesadilla
Salsa
Fiesta Beans
Raisels
Froot Jooce

Wednesday, Aug. 27

Breakfast
Banana Bread
Peaches

Lunch
Mini Corn Dogs
Chicken Filet
Sandwich
French Fries
Cucumber Slices
Strawberry Cup

Thursday, Aug. 28

Breakfast
Chicken Sausage
Biscuit
Craisins

Lunch
Baked Chicken in
Gravy w/ Roll
Turkey or Ham &
Cheese Wrap
Steamed Broccoli
Mashed Potatoes
Spiced Apples

Friday, Aug. 29

Breakfast
Belgian Waffle
Mandarin Orange
Cup

Lunch
Cheese or
Pepperoni Pizza
Beefy Tostitos
Baby Carrots
Green Beans
Watermelon

Monday, Sept. 1


**Last Chance
to Bask!**
Labor Day Monday, Sept. 1
No School Today!

Tuesday, Sept. 2

Breakfast
Turkey or Ham &
Cheese Croissant
Fresh Apple

Lunch
Baked Chicken in
Gravy w/ Brown
Rice
Mini Corn Dogs
Sweet Potato
Waffle Fries
Broccoli w/
Cheese Sauce
Pineapple Tidbits

Wednesday, Sept. 3

Breakfast
Mini Bagel
Craisins

Lunch
Cheese Ravioli w/
Breadstick
Cheeseburger
Veggie Burger
French Fries
Green Beans
Fresh Apple

Thursday, Sept. 4

Breakfast
Mini Pancakes
Mandarin Orange
Cup

Lunch
Barbecue on Bun
Hushpuppies
Cheese Sticks
Marinara Sauce
Coleslaw
Baked Beans
Diced Peaches

Friday, Sept. 5

Breakfast
Super Donut
Raisels

Lunch
Cheese Pizza
Chicken Egg Rolls
w/ Mandarin
Sauce
Corn
Glazed Carrots
Applesauce

We're proud to help keep America strong

Most folks don't know that the National School Lunch Program began in the years after World War II because so many recruits had been deferred from war-time service due to malnutrition. So serving meals at school began as a national defense strategy! School meals were good for kids, good for families – and good for our nation. And we're still here for you, day in and day out, all year long. Welcome back!!

School Meals
We serve education every day™

Monday, Sept. 8

Breakfast

Mini Cinnis
Applesauce

Lunch

Chicken Filet
Sandwich
Cheese Sticks
Marinara Sauce
Green Beans
Baby Carrots
Banana

Tuesday, Sept. 9

Breakfast

Blueberry Mini
Loaf
Yogurt

Lunch

Scoopin' Taco
Chicken
Quesadilla
Salsa
Corn
Fiesta Beans
Fresh Apple

Wednesday, Sept. 10

Breakfast

French Toast
Sticks
Craisins

Lunch

Grilled Cheese
Sandwich
Hotdog on Bun
Roasted Potatoes
Baked Beans
Strawberry Cup
Peach Cup

Thursday, Sept. 11

Breakfast

Powdered Mini
Doughnuts
Mandarin Orange
Cup

Lunch

Chicken Chunks
Baked Spaghetti
w/ Roll
Romaine Salad
Sweet Potato
Soufflé
Raisels
Froot Jooce

Friday, Sept. 12

Breakfast

Pizza Bagel
Banana Muffin

Lunch

Cheese or
Pepperoni Pizza
Enchilada Calzone
Green Beans
California Blend w/
Cheese Sauce
Mandarin Orange
Cup

Check Our Site!

For more information on
nutritionals, carb counts, and
answers to FAQ's please visit
www.pitt.k12.nc.us/Page/85

Monday, Sept. 15

Breakfast

Banana Bread
Applesauce

Lunch

Meatballs in Gravy
w/ Brown Rice
Cheese French
Bread
Marinara Sauce
Corn Cucumber
Slices
Banana

Tuesday, Sept. 16

Breakfast

Chicken Waffle
Sandwich
Fresh Apple

Lunch

Chicken Filet
Sandwich
Beef & Cheddar
Sandwich
Sweet Potato
Waffle Fries
Collards
Grapes

Wednesday, Sept. 17

Breakfast

Texas Toast
Craisins

Lunch

Beefaroni w/
Breadstick
Mini Corn Dogs
Texas Beans
Romaine Salad
Strawberry Cup
Peach Cup

Thursday, Sept. 18

Breakfast

Turkey Pancake
on a Stick
Mandarin Orange
Cup

Lunch

Chicken Chunks
w/ Dutch Waffle
Cheeseburger
Veggie Burger
Green Beans
Mashed Potatoes
Fruit Crisp

Friday, Sept. 19

Breakfast

Belgian Waffle
Raisels

Lunch

Cheese or
Pepperoni Pizza
Chicken w/ Roll
Glazed Carrots
Broccoli w/
Cheese Sauce
Applesauce

Other Offered Items;

- Fresh Salads
- Wraps
- Sandwiches
- Protein Bento Boxes

Offered daily on a rotating basis!

Monday, Sept. 22

Breakfast

Cinnamon Roll
Applesauce

Lunch

Chicken Chunks
w/ Biscuit
Veggie Burger
Baby Carrots
Mashed Potatoes
Banana

Tuesday, Sept. 23

Breakfast

Turkey or Ham &
Cheese Croissant
Fresh Apple

Lunch

Baked Chicken in
Gravy w/ Brown
Rice
Mini Corn Dogs
Sweet Potato
Waffle Fries
Broccoli w/
Cheese Sauce
Pineapple Tidbits

Wednesday, Sept. 24

Breakfast

Mini Bagel
Craisins

Lunch

Cheese Ravioli w/
Breadstick
Cheeseburger
French Fries
Green Beans
Fresh Apple

Thursday, Sept. 25

Breakfast

Mini Pancakes
Mandarin Orange
Cup

Lunch

Barbecue on Bun
Hushpuppies
Cheese Sticks
Marinara Sauce
Coleslaw
Baked Beans
Diced Peaches

Friday, Sept. 26

Breakfast

Super Donut
Raisels

Lunch

Cheese Pizza
Chicken Egg Rolls
w/ Mandarin
Sauce
Corn
Glazed Carrots
Applesauce

Monday, Sept. 29

Breakfast

Mini Cinnis
Applesauce

Lunch

Chicken Filet
Sandwich
Cheese Sticks
Marinara Sauce
Green Beans
Baby Carrots
Banana

Tuesday, Sept. 30

Breakfast

Blueberry Mini
Loaf
Yogurt

Lunch

Scoopin' Taco
Chicken
Quesadilla
Salsa
Corn
Fiesta Beans
Fresh Apple